



Bloom & Balance Detox Facial

with Celluma LED

60 minutes

Set-Up: Warm 3 towels with 2 drops Sleepy Thyme Essential Oil. Prep 3 mask bowls + 3 fan brushes, facial sponges, warm water bowl, gloves, gauze squares, cotton rounds, tissues, headband.

Mist treatment room with **Aroma Therapy Purifying Spray**.

1. **Client Welcome & Grounding**

Initial consult. Place 2 drops of **Sleepy Thyme EO** in your hands. Hover over client's closed eyes – guide 3 deep breaths. Circle temples 3x, gentle shoulder pumps, slow release

2. **Cleanse**

Double cleanse with: **Lavandin Cleansing Milk, Chamomile Facial Gel Cleanser**. Remove with warm sponges

3. **Tone**

Mist with **Rosemary Hydrosol Toner**. Cover eyes with damp cotton rounds

4. **Skin Analysis**

Analyze skin under light, keep eyes covered with damp rounds

5. **Exfoliation**

Apply thin layer of **AHA Pineapple & Papaya Mask (Pro Strength)**. Leave on for 5 mins – optional steam for intensity (no massage). Remove with cool soft sponges

6. **Oil Infusion**

Apply 5–8 drops **Midnight Bloom Oil** to neck + décolleté. Let absorb for 5–6 minutes – no facial massage

7. **Extractions** (Perform as needed)

8. **Tone** (Mist again with **Rosemary Hydrosol Toner**. Remove using gauze misted with toner)

9. **Detox Mask** Mix: 2 tsp **Mineral Rich Seaweed Powder Mask**, 2 tsp **NEW Pure Detox Seaweed Mask**, 1 drop **Tea Tree Essential Oil**. Add water or toner for consistency. Apply with fan brush – bring to neck + décolleté. Leave on 5–7 minutes with optional steam (monitor sensitivity)

10. **Massage Option** Offer scalp and/or hand massage while mask sets

11. **Remove Mask** (Remove thoroughly with warm towels)

LEVEL UP YOUR FACIAL with Celluma Pro LED Therapy (15–30 minutes)

Apply after the detox mask or extractions.

- Blue light fights acne bacteria.
- Red light reduces inflammation and speeds healing.

Leaves skin clearer and calmer.

12. **Finishing Products:** Press in 2–3 drops each (mixed): **Kava Kava Calming Serum, Anti-Acne Facial Serum**. Dab on **Sapphire Eye Treatment**. Press in **Avena Moisturizer** (small amount). Finish with a dab of **Immortelle Glow Facial Balm** dab with QTip on lips

13. **Final Steps** Product recommendations. Rebook in 4–6 weeks