

<p>Treatment Duration</p>	<p>50-55 Minutes Hands-On</p>
<p>Treatment Frequency</p>	<p>Intense Treatment - 3-4 sessions, every 2 weeks Maintenance - Every 4 Weeks</p>
<p>Treatment Steps</p>	<p>Step 1 - Cleanse the skin with Mineral Cream Cleanser or Cleanser for Normal Skin and rinse off.</p> <p>Step 2 - Do a second cleanser with Glycolic Cleanser then rinse off.</p> <p>Step 3 - Advanced Exfoliation Option: Perform Dermaplaning/Oil-planing before step 4 and 5. This is an advanced exfoliation option and should only be done with experienced clients.</p> <p>Step 4 - Exfoliate using Pumpkin Enzyme Mask or Pomegranate Papaya Enzyme Mask (for more sensitive skin). Apply to the skin and leave on for 5-10 minutes. It can be used with or without steam.</p> <p>Step 5 - Perform Microdermabrasion or Hydrodermabrasion. Remove residual debris with Refreshing Toner.</p> <p>Step 6 - Optional - Perform a light massage using Nutrient Enriched Face & Body Oil or Hydrating Gelee Mask. Remove excess with a warm towel or wet gauze.</p> <p>Step 7 - Apply Bio-Replenish A.C.E or Vitamin A + Antioxidant Complex before applying the next step (mask).</p> <p>Step 8 - Apply Seaweed Mask or Nutrient Essentials Mask. Leave it on for 5-10 minutes. Remove with a warm towel.</p> <p>Step 9 - Apply Oil Free Moisturizing Gel or Bio-Essence Nighttime Calcium Complex.</p> <p>Step 10 - Optional (for intense cell renewal repair) - Mix a Topical Calcium Capsule with Titanium Dioxide SPF 35 as the last step. Cut open the capsule, squeeze contents out, then mix 50/50 ratios in your hand BEFORE applying to the skin. Pat onto the skin and gentle massage it into the client's skin. OR simply apply Titanium Dioxide SPF 35 or Tinted Mineral SPF 35.</p>